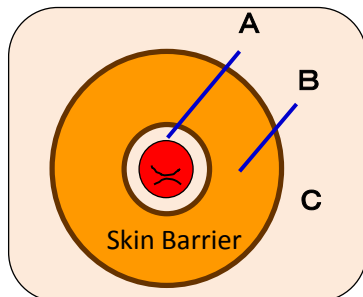


How to Use ABCD-Stoma[®]

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1. Excluding mucosal membranes, we evaluated the regions and degrees of peristomal skin disorders and the presence or absence of discoloration.

2. Peristomal skin is divided into regions A, B, and C.



- A (Adjacent): The region from the skin–stoma junction to the skin barrier of the ostomy appliance.
[Areas of dissolved skin barrier are considered region A.]
- B (Barrier): Skin in contact with the skin barrier of the ostomy appliance.
- C (Circumscribing): The skin to which the medical tape, ostomy bag, belt, or other accessories were attached.

3. The degree of skin disorder was evaluated individually for regions A, B, and C.

- No disorder is assigned 0 points, erythema is assigned 1 point, erosion is assigned 2 points, blisters or pustules are assigned 3 points, and ulceration or tissue overgrowth is assigned 15 points.

- Erythema, erosion, blisters, or pustules each represent an acute condition, whereas ulceration or tissue overgrowth indicates a chronic condition.

- Tissue overgrowth is defined as tissue elevations above skin level, excluding blisters or pustules (e.g., pseudoepitheliomatous hyperplasia).

- If conflicting degrees of skin disorder are present in the same region, the disorder with the highest score should be used regardless of the region of disorder.

- If no C area is present, no evaluation can be done, and “no disorder” should be recorded.

4. D (Discoloration) is evaluated by the presence of hyper- or hypopigmentation in regions A, B, or C.

- “DP” indicates pigment increase and “DH” pigment loss.

- The “P” in “DP” stands for “Pigmentation.”

- The “H” in “DH” stands for “Hypopigmentation.”

- No points are assigned in this evaluation.

5. Skin disorder evaluation scores are based on the pictures provided in the scale.

6. Total score is calculated.

- Scores from each region are totaled.

- Total score range is 0 to 45 points.

7. Score is written as “A[]B[]C[] : [] (total points) D [].”

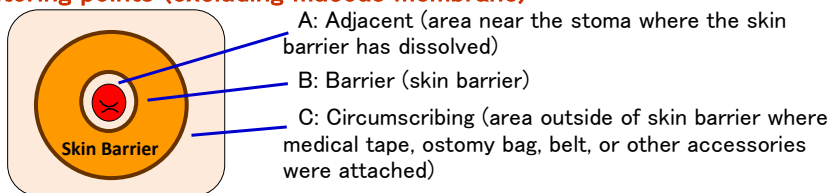
Ex. A2B3C0 : 5D0, A15B0C1 : 16DP, A0B0C1 : 1DPH

Peristomal Skin Disorder Severity Evaluation Tool ABCD-Stoma®

Patient ID: _____ Patient Name: _____

Stoma type: Colostomy • Ileostomy • Urostomy

Monitoring points (excluding mucous membrane)



Evaluate the degree of skin disorder for each of the 3 areas:

0	No disorder		
A c u t e	1	Erythema Redness that disappears when pressure is applied	<p style="text-align: center;">Degree of redness is irrelevant</p>
	2	Erosion Includes epidermal or papillary dermal damage and epidermolysis	<p style="text-align: center;">Epidermolysis Erosion</p>
	3	Blister/Pustule Accumulation of fluid (including pus) in the epidermis or dermis	<p style="text-align: center;">Blister Pustule</p>
C h r o n i c	15	Ulceration/Tissue Bulking Damage extending up to the epidermis and reticular dermis or up to subcutaneous adipose tissue; excludes blisters and pustules; tissue elevated above skin level	<p style="text-align: center;">Ulceration and overgranulation Pseudoepitheliomatous hyperplasia (PEH) Mucosal graft</p>

A + B + C =

Evaluate the overall discoloration of areas A, B, and C combined:

D i s c o l o r a t i o n	0	None	
	P	Pigmentation Change to brown or black due to increase in melanin	
	H	Hypopigmentation Change to white due to decrease in melanin	

D

Scoring results:

A B C : D